

# January

## THE GODHEAD

### Outlines to choose from this month:

- What do we know about the nature of the Godhead?
- How can I know my Heavenly Father?
- Why is Jesus Christ important in my life?
- What are the roles of the Holy Ghost?
- Who am I, and who can I become?

### Teaching Schedule:

2nd Sunday: \_\_\_\_\_

4th Sunday: \_\_\_\_\_

### Personal Progress:

Faith value experience 5

Divine Nature value experiences #1, 2, & 6

Individual Worth value experience 1

### Notes & Mutual Ideas:

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SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# February

## THE PLAN OF SALVATION

### Outlines to choose from this month:

- What is the plan of salvation?
- What happened in my premortal life?
- What is the purpose of life?
- Why do the choices I make matter?
- Why do we have adversity?
- How can I find comfort when someone I care about dies?
- Why should I treat my body like a temple?

### Teaching Schedule:

2nd Sunday: \_\_\_\_\_

4th Sunday: \_\_\_\_\_

### Personal Progress:

Individual Worth value experience 1

Choice & Accountability value experiences & projects

Virtue value experiences 1 & 2

### Notes & Mutual Ideas:

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SUN	MON	TUES	WED	THURS	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

# March

## THE ATONEMENT OF JESUS CHRIST

### Outlines to choose from this month:

- What is the Atonement of Jesus Christ?
- What does it mean to have faith in Jesus Christ?
- How can repentance help me every day?
- What is grace?
- Why do I need to forgive others?
- What is the Resurrection?
- How can the Savior help me during my trials?

### Teaching Schedule:

2nd Sunday: \_\_\_\_\_

4th Sunday: \_\_\_\_\_

### Personal Progress:

Faith value experience 5

Virtue value experience 4

### Notes & Mutual Ideas:

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SUN	MON	TUES	WED	THURS	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

# April

## THE APOSTASY & THE RESTORATION

### Outlines to choose from this month:

- Why was a Restoration necessary?
- Why do we need the Book of Mormon?
- How was the priesthood restored?
- What was Joseph Smith's role in the Restoration?
- Why is the First Vision important?

### Teaching Schedule:

2nd Sunday: \_\_\_\_\_

4th Sunday: \_\_\_\_\_

### Personal Progress:

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### Notes & Mutual Ideas:

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SUN	MON	TUES	WED	THURS	FRI	SAT
	1	2	3	4	5	6 General Conference
7 General Conference	8	9	10	11	12	13
14	15	16	17	18	19	20
21 Easter	22	23	24	25	26	27
28	29	30				

May

## PROPHETS & REVELATION

### Outlines to choose from this month:

- Why is it important to listen to & follow the living prophets?
- How do I receive revelation?
- How can I make my prayers more meaningful?
- Why is it important to study the scriptures?
- How can I strengthen my testimony?
- How can a patriarchal blessing help me?

### Teaching Schedule:

2nd Sunday: \_\_\_\_\_

4th Sunday: \_\_\_\_\_

### Personal Progress:

Faith value experience 1

Individual Worth value experience 2

Choice & Accountability value experience 5

Virtue value project

### Notes & Mutual Ideas:

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SUN	MON	TUES	WED	THURS	FRI	SAT
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

# June

## PRIESTHOOD & PRIESTHOOD KEYS

### Outlines to choose from this month:

- What is the priesthood?
- What are my responsibilities in the work of the priesthood?
- What are the keys of the priesthood?
- How do I receive the power & blessings of the priesthood in my life?
- What does it mean to sustain my Church leaders?

### Teaching Schedule:

2nd Sunday: \_\_\_\_\_

4th Sunday: \_\_\_\_\_

### Personal Progress:

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### Notes & Mutual Ideas:

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SUN	MON	TUES	WED	THURS	FRI	SAT
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

# July

## ORDINANCES & COVENANTS

### Outlines to choose from this month:

- Why are ordinances important in my life?
- Why are covenants important in my life?
- What covenants did I make at baptism?
- How do I receive the gift of the Holy Ghost?
- Why are temple ordinances important?
- What does it mean to take upon myself the name of Jesus Christ?

### Teaching Schedule:

2nd Sunday: \_\_\_\_\_

4th Sunday: \_\_\_\_\_

### Personal Progress:

Faith value experience 4

Divine Nature value experience 4

Knowledge value experience 4

Choice & Accountability value experience 5

Virtue value experiences 3 & 4

### Notes & Mutual Ideas:

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SUN	MON	TUES	WED	THURS	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

# August

## MARRIAGE & FAMILY

### Outlines to choose from this month:

- Why is family important?
- Why is temple marriage important?
- Why is chastity important?
- Why is it important to follow the Church's standards regarding dating?
- How can I prepare now to become a righteous wife & mother?
- How do the roles of men & women complement each other in families?
- How can I strengthen my family?

### Teaching Schedule:

2nd Sunday: \_\_\_\_\_

4th Sunday: \_\_\_\_\_

### Personal Progress:

Divine Nature value experiences 3 & 5  
Individual Worth value experience 4  
Virtue value experiences & projects

### Notes & Mutual Ideas:

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SUN	MON	TUES	WED	THURS	FRI	SAT
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



# September

## COMMANDMENTS

### Outlines to choose from this month:

- How can I be in the world but not of the world?
- How can I resist pornography?
- How do the things I say affect me and those around me?
- Why do we fast?
- Why are we commanded to keep the Sabbath day holy?
- Why is it important to be honest?
- Why do we pay tithing?

### Teaching Schedule:

2nd Sunday: \_\_\_\_\_

4th Sunday: \_\_\_\_\_

### Personal Progress:

Choice & Accountability value experiences 2,3 & 7

Integrity value experience 2, 3, 4, & project 5

Virtue value experiences 2 & 4

### Notes & Mutual Ideas:

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SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

# October

## BECOMING MORE CHRISTLIKE

### Outlines to choose from this month:

- How can I become more Christlike?
- How can I develop Christlike love?
- How can I be more Christlike in my service to others?
- How can I learn to be more patient?
- Why is it important to be grateful?

### Teaching Schedule:

2nd Sunday: \_\_\_\_\_

4th Sunday: \_\_\_\_\_

### Personal Progress:

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### Notes & Mutual Ideas:

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SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5 General Conference
6 General Conference	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

# November

## THE ATONEMENT OF JESUS CHRIST

### Outlines to choose from this month:

- What does it mean to be self-reliant?
- How do I know if I am becoming converted?
- Why is it important for me to gain an education and develop skills?
- Why is work an important gospel principle?
- Why does the Lord want me to be healthy?
- What is the Lord's way for providing for the poor and needy?
- How can I find solutions to my challenges & problems?

### Teaching Schedule:

2nd Sunday: \_\_\_\_\_

4th Sunday: \_\_\_\_\_

### Personal Progress:

Divine Nature value projects 1 & 4

Individual Worth value experience 4, projects 3 & 5

Knowledge value experiences & projects

Choice & Accountability value experiences 1 & 7, project 5

Good Works value experience 6

### Notes & Mutual Ideas:

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SUN	MON	TUES	WED	THURS	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

# December

## BUILDING THE KINGDOM OF GOD IN THE LATTER DAYS

### Outlines to choose from this month:

- How can I invite others to come unto Christ?
- How can I become a better ministering sister?
- How does Heavenly Father want me to use my spiritual gifts?
- How can I prepare to establish a Christ-centered home?
- What can I do to help new members of the church?
- How can I help my less-active friends return to church?
- What is Zion?
- How can I help hasten the Lord's work?

### Teaching Schedule:

2nd Sunday: \_\_\_\_\_

4th Sunday: \_\_\_\_\_

### Personal Progress:

Individual Worth value experience 7

Good Works value experience 7

### Notes & Mutual Ideas:

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SUN	MON	TUES	WED	THURS	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
				Christmas		
28	29	30	31			